

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION

#1

CLASSIC BEEF LASAGNE

With Garlic Bread



HOT WOK CHICKEN NOODLES

BUTCHERS SAUSAGE & MASH

with Onion Gravy

SPICE & RICE



CHICKEN KORMA with 50/50 Rice

BATTERED FILLET OF FISH

served with Chips & Tartare Sauce

OPTION

#2

QUORN AND BLACK BEAN FAJITAS

with Rice



CAJUN SWEET POTATO & SPINACH TART

with New Potatoes

VEGGIE SAUSAGE & MASH

with Onion Gravy



SWEET POTATO, CHICKPEA & SPINACH TIKKA

with 50/50 Rice



GREEK SPINACH & FILO PARCELS and Chips

ON THE SIDE

Green Beans Carrots

Sweetcorn Roasted Broccoli

Red Cabbage Peas

Roasted Cauliflower & Sambals

Peas Coleslaw

DESSERT OF THE DAY

LEMON DRIZZLE SPONGE

BLONDIE WITH BERRIES

APPLE & CHERRY OATY CRUMBLE with Custard

FRUIT MUFFIN

PINEAPPLE UPSIDE DOWN CAKE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD
GRAB & GO SELECTION

MENU KEY

ADDED PLANT PROTEIN



VEGAN OPTION



SOURCE OF WHOLEMEAL

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

CHEESE AND ONION QUICHE
With New Potatoes


GREEN THAI VEGETABLE CURRY
with Rice 

Roasted Butternut Squash
Cauliflower

CINNAMON APPLE TURNOVER

STREET FOOD

SPICY CHICKEN
With Khobez and Tabbouleh

Salad
HOUMOUS AND FALAFEL
With Khobez and Tabbouleh Salad 


Red Cabbage Slaw and Roasted Chickpea Salad

SYRUP SPONGE

THE CLASSIC ROAST DINNER
with all the trimmings

BUTTERNUT & BEETROOT WELLINGTON
with Roast Potatoes & Gravy 

Broccoli Sweetcorn

PLUM & VANILLA CRUMBLE
with Custard 

BEEF MEATBALLS IN TOMATO SAUCE
with 50/50 Rice 

TOFU AND BROCCOLI WOK FRIED RICE 

Carrots Green Beans

VANILLA SPONGE

FISHFINGERS OR SALMON FISHCAKES
with Chips

LOADED HOUND DOG
with Chips

Baked Beans Garden Peas

CARROT CAKE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

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WEEK THREE

MONDAY

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THURSDAY

FRIDAY

OPTION #1

STICKY SOY AND HONEY NOODLES

THE MEXICAN KITCHEN

MEXICAN BEEF CHILLI
with 50/50 Rice or Soft Tacos

CREAMY CHICKEN PIE
with Crispy Roasties & Gravy

CHICKEN KATSU CURRY
with Rice

BATTERED FISH
with Chips & Tartare Sauce

OPTION #2

VEGETABLE PLAIT
with New Potatoes and Gravy

MEXICAN VEGETABLE RICE

ROAST QUORN & YORKSHIRE PUDDING,
Crispy Roasties and Gravy

SMOKEY BBQ PLANT BALLS
with Couscous/Spaghetti

THE BIG PLANT BURGER
with Chips

ON THE SIDE

Green Beans Sweetcorn

Pineapple Salsa & Slaw

Roasted Carrots Swede

Broccoli Roasted Vegetables

Garden Peas Baked Beans

DESSERT OF THE DAY

WARM BANANA FLAPJACK

SCHOOL CAKE

CHOCOLATE SHORTBREAD CAKE

STICKY TOFFEE APPLE CRUMBLE
with Custard

PANCAKES & CHERRY SAUCE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

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